**HOW WE GET OUR FOOD**

**FOOD INDUSTRY DONORS**

Food industry partners are fundamental to our capacity to feed hungry people in Connecticut. Last year, we distributed more than 23 million pounds of food, enough to provide more than 19.2 million meals.

National manufacturers and processors, as well as local retailers, make a difference for the more than 300,000 people we serve through our community-based food-assistance network.

The Connecticut Food Bank is distributing more organic, natural and healthy food items than ever before as we seek to alleviate hunger and improve the health and development outcomes of people in need. The healthy food items donated by the food industry, including low-fat yogurt, natural fruit juices, soy milk and gluten-free snacks, help remove barriers that prevent people from accessing nutritious food.

**FARM-TO-PANTRY**

Donations from local growers help the Connecticut Food Bank increase the availability of fresh, healthy produce to people in need. Since launching the Farm-to-Pantry Program in 2011, we have partnered with more than 40 farms.

The Farm-to-Pantry program helps to reduce food waste and the associated burden on landfills. With the help of Connecticut farmers, fresh produce represented more than 35% of our total distribution last year.

**HOW CONNECTICUT FARMS HELP**

Connecticut farms donate excess, nearly ripe, blemished, short-coded or mis-shapen produce or by dedicating a row in their fields to feeding the hungry.

The Connecticut Food Bank continues to develop relationships with local food sources to feed the hungry and support local growers and producers.

**COMMUNITY FOOD DONORS AND FOOD DRIVES**

Food drives are one of the ways people get directly involved in the fight against hunger. Individuals, groups, schools and institutions collect much-needed food for our neighbors in need, while raising awareness about hunger in their communities. More than 195,000 pounds of food were generously donated last year.

**VIRTUAL FOOD DRIVES**

With just a touch or click, donors can purchase a virtual bag of groceries, or even a case of green beans, tuna, beef stew, or a turkey and all the trimmings at Thanksgiving. Virtual Food Drive donations are a great way to extend the value of your gift and an easy way to help the Connecticut Food Bank provide more of the food items most requested by our hunger relief network. A dollar given through a Virtual Food drive buys as much food as if you had spent $4 at your local grocery store!

Visit [ctfoodbank.org/VFD](http://ctfoodbank.org/VFD) for more information on how to set up a Virtual Food Drive for your family, organization or company.

**SOURCES OF FOOD**

<table>
<thead>
<tr>
<th>CATEGORY</th>
<th>POUNDS</th>
<th>% OF TOTAL</th>
</tr>
</thead>
<tbody>
<tr>
<td>LOCAL RETAILERS, WHOLESALERS, MANUFACTURERS, PROCESSORS</td>
<td>3,479,827</td>
<td>15%</td>
</tr>
<tr>
<td>STATE AND FEDERAL PROGRAMS (FEMA, TEFAP, CTNAP)</td>
<td>5,694,093</td>
<td>25%</td>
</tr>
<tr>
<td>PURCHASED FOODS</td>
<td>1,985,125</td>
<td>9%</td>
</tr>
<tr>
<td>GROCERY STORE SALVAGE</td>
<td>870,069</td>
<td>4%</td>
</tr>
<tr>
<td>FOOD DRIVES</td>
<td>191,302</td>
<td>1%</td>
</tr>
<tr>
<td>NATIONAL MANUFACTURERS, PROCESSORS, GROWERS</td>
<td>10,527,299</td>
<td>46%</td>
</tr>
<tr>
<td>OTHER FOOD BANKS</td>
<td>330,250</td>
<td>1%</td>
</tr>
<tr>
<td>TOTAL</td>
<td><strong>23,077,965</strong></td>
<td><strong>100%</strong></td>
</tr>
</tbody>
</table>

More than 35% of the food distributed last year was fresh produce. And more than 80% of all food types we distributed were ranked in the top two of six categories of nutritional value according to a ranking developed for the Connecticut Food Bank by the Rudd Center for Food Policy & Obesity at the University of Connecticut.
DEAR FRIENDS,

We are pleased to share with you this report on the work of the Connecticut Food Bank. That work is possible only with your support – as donors, volunteers and as partner organizations engaged in the daily fight against hunger in Connecticut.

The hundreds of member programs with which we work across our six-county service area are the vital link that help us to fulfill our mission to provide nutritious food to people in need. Together, we are part of the safety net for so many people in Connecticut who struggle daily with food insecurity. And we build that safety net with your support in the form of food, time and funds.

We are proud of the hunger relief we have provided so many Connecticut residents in the past 31 years and are aware of the faster growing need and the changing face of hunger in our communities. Once again, we saw an increase in the number of people our network of food assistance programs reported serving. And nearly half of the guests using Connecticut Food Bank member programs are above the eligibility threshold to receive federal or state benefits. They rely on charitably donated food to help meet basic needs. Addressing today’s growing challenges requires greater collaboration of resources and a more holistic approach that will address the root causes of hunger while raising awareness of the problem to a broader public. With your support and with our network of member programs we will continue to build community partnerships to meet the evolving challenges of ending hunger in Connecticut.

We invite you to review our activities for last year and join us to continue the important work of the Connecticut Food Bank. Thank you for your support of and dedication to the fight against hunger.

Alex Hutchinson, Board Chair | Paul O’Leary, Interim CEO

PROVIDING NUTRITIOUS FOOD TO PEOPLE IN NEED

Last year the Connecticut Food Bank distributed more than 22.2 million pounds of food – enough to prepare more than 18.5 million meals. Partnerships with strong, community based organizations and direct services that fill gaps where needed help to alleviate hunger among the more than 300,000 people who are food insecure in six of Connecticut’s eight counties: Fairfield, Litchfield, Middlesex, New Haven, New London and Windham.

MEMBER PROGRAMS

Our greatest allies in the fight against hunger are a network of community-based programs that work with the Connecticut Food Bank to provide nutritious food to thousands of people every day. These partners include food pantries, soup kitchens, shelters, residential programs and facilities offering adult and child day programs.

- FOOD PANTRIES
- KID'S BACKPACK PROGRAM*
- SENIOR SUPPLEMENTAL FOOD PROGRAMS
- RESIDENTIAL PROGRAMS
- GROW UP WITH GOOD NUTRITION*
- MOBILE PANTRIES
- SOUP KITCHENS
- EMERGENCY SHELTERS
- YOUTH DAY PROGRAMS
- ADULT DAY PROGRAMS

*CONNECTICUT FOOD BANK DIRECT FOOD DISTRIBUTION PROGRAMS

CONNECTICUT FOOD BANK MOBILE PANTRY

The Connecticut Food Bank Mobile Pantry helps address food deserts and transportation barriers that make it difficult for low-income people to access the adequate nutrition they need and has the flexibility to meet changing needs in our communities.

People rely each month on the Mobile Pantry to provide dairy products, fresh vegetables, fruit, whole grain goods and other perishable items. Last year, the Mobile Pantry distributed more than 1.8 million pounds of food to households when and where they needed it. More than 75% of that food was fresh produce. There were more than 51,000 visits at 30 sites in Branford, Bridgeport, Canaan, Clinton, Danbury, Derby, East Haven, Hamden, Meriden, Middletown, New Haven, Old Saybrook, Plainfield, Portland, Putnam, Ridgefield, Southbury, Torrington, Wallingford, Waterbury, Watertown, West Haven, Willimantic and Winsted. Find Mobile Pantry locations, times and dates at ctfoodbank.org/mobilepantry.

GROW UP WITH GOOD NUTRITION

A multi-year grant from Stop & Shop’s Our Family Foundation helps the Connecticut Food Bank provide fresh food to families with young children and increase the nutritional content of household meals.

GROW Up With Good Nutrition features the GROW (Groceries On Wheels) Truck, stocked with healthy foods such as apples, pears, grapefruit, oranges, potatoes, onions, carrots, peanut butter, brown rice, tuna, ground beef, fish, eggs and low-fat milk. During a six-month program at participating early childhood, preschool and daycare programs, families attend educational workshops that can help them make healthy food choices and stretch scarce dollars before boarding the truck to select food. They also receive easy-to-prepare recipes for foods with which they are unfamiliar.

Last year, the program operated at 15 sites, distributing nearly 240,000 pounds of food – 40% of it fresh produce and 16% of it healthy proteins – to more than 1,200 children and their families.

KIDS’ BACKPACK PROGRAM

Thousands of children across Connecticut dread Friday afternoons. They know when school is dismissed there will be little to eat until Monday morning.

The Connecticut Food Bank Kids’ BackPack program provides more than 3,300 children in 22 public school districts with kid-friendly, nutritious and easily prepared food to bridge the weekend meal gap when they do not have access to school meals. The program provides hungry children with the nourishment they need to grow, learn and thrive.

According to the 2014 Hunger in America study, 28 percent of our client households include a child under age 18. These families often do not qualify for food stamps (SNAP) and have difficulty meeting their children’s nutritional needs. They are faced with difficult choices such as buying food for their children or meeting other expenses.
RAISING AWARENESS

HUNGER ACTION MONTH

SUPPORTED BY Citizens Bank

Each September, we join advocates across the nation to raise awareness of the 49 million Americans, including nearly half a million Connecticut residents, who struggle with hunger.

A donated billboard on Interstate 95 in New Haven; on-air and online features with WTNH News 8; a graffiti mural painting event in New Haven; and month-long volunteer activities by Citizens Bank employees helped educate people and inspire action.

Nearly 60,000 people experienced a direct interaction with or received a communication from the Connecticut Food Bank as part of the month’s activities.

HUNGER 101

One in seven Connecticut residents struggles with hunger. Hunger 101 captures the daily stress of hunger as you learn how to feed a family for a day with no or limited resources.

Hunger 101 is an interactive, group learning experience for people age 12 and older. We can deliver the program at your site or at one of our facilities. Hunger 101 can be adapted for a 45 to 90-minute delivery and for any size group. Contact cfb@ctfoodbank.org or call 203-469-5000 to schedule Hunger 101 for your group.

WALK AGAINST HUNGER 2015

More than 2,000 people participated in Connecticut Food Bank Walk Against Hunger events in 2015, helping raise awareness of our hunger relief mission and the importance of our network of member programs in feeding the hungry.

THANKSGIVING FOR ALL

Last November, generous support from individuals, civic groups, schools, religious organizations and businesses helped the Connecticut Food Bank distribute more than 20,300 turkeys, over 120,000 pounds of fresh produce, nearly 50,000 pounds of nonperishable foods and almost 3,400 grocery store gift cards worth more than $40,500. Together, these resources were enough to provide more than half a million holiday meals for people in Connecticut.

OUR MISSION:

PROVIDE NUTRITIOUS FOOD TO PEOPLE IN NEED

Founded in 1982, the Connecticut Food Bank is the state's non-profit leader in the fight against hunger and is the largest provider of charitable food donations. The Connecticut Food Bank partnered with the food industry, food growers, donors and volunteers to provide enough food last year to prepare more than 18.5 million meals. We work to alleviate hunger in Fairfield, Litchfield, Middlesex, New Haven, New London and Windham Counties through a network of community-based programs, including food pantries, soup kitchens, emergency shelters, residential programs and day programs that serve adults and children, as well as our Mobile Pantry, GROW Truck and Kids' Backpack programs, and by promoting public awareness about the problem of hunger.

Visit us on the web at www.ctfoodbank.org, like us on Facebook and follow @CTFoodBank on Twitter and Instagram.
FINANCIAL INFORMATION

REVENUE & OTHER SUPPORT

- Contributions & Other Fundraising: 17%
- Program Revenue: 4%
- Government Grants*: 3%
- Net Assets Released From Restriction: 2%
- Donated Food: 74%

Total: $42,113,958

*The Connecticut State Department of Social Services administers this grant program for the purchase of high-protein foods and the distribution of government commodities.

EXPENSES

- General Administrative: 1%
- Fundraising: 4%
- Public Education & Awareness*: 1%
- Food Distribution*: 94%

Total: $42,552,376

*95% of total expenses go directly to program services.

This information is based on our audited financial results for the fiscal year ending June 30, 2015. Full financial report is available upon request or can be found at www.ctfoodbank.org.